

## Club Championships - 6 March 2011

### Short Course

Name	Swim	Ride	Run	Total
Sam Staska	0:04:29	0:17:02	0:05:04	0:26:35
Kurtis Hart	0:04:37	0:22:50	0:08:11	0:35:38

### Long Course

Name	1st Run	Ride	2nd Run	Total
Jason Crowe	0:06:22	0:24:11	0:18:06	0:48:39
Tom Clippingdale	0:07:20	0:24:10	0:18:15	0:49:45
Kevin Colla	0:07:11	0:24:56	0:17:39	0:49:46
Kath Golding	0:07:21	0:26:19	0:18:37	0:52:17
Tara Manning	0:06:50	0:28:47	0:20:53	0:56:30
Lyndsey Bates	0:07:50	0:29:34	0:20:17	0:57:41
Sam Davis	0:07:52	0:29:38	0:20:30	0:58:00
Matthew Beard	0:07:45	0:30:29	0:20:49	0:59:03
Andrew Ketteridge	0:09:23	0:30:09	0:20:20	0:59:52
Steve George-Dent	0:06:02	0:30:44	0:23:52	1:00:38
Carl Rofe	0:06:02	0:33:51	0:21:23	1:01:16
Paul Bates	0:09:18	0:30:15	0:21:52	1:01:25
Chas Davis	0:08:54	0:30:27	0:23:52	1:03:13
Allan Rofe	0:08:53	0:31:29	0:23:46	1:04:08
Ruth Ramsey	0:08:20	0:37:39	0:24:17	1:10:16
Karen Stanley	0:08:46	0:35:53	0:25:53	1:10:32
Asha Ketteridge/ Catherine Colla	0:07:36	0:42:16	0:26:29	1:16:21
Garry North	0:07:59	0:44:19	0:32:04	1:24:22

### Age Group Champions

Age Group	Female	Male
10 - 12		Sam Staska
13 - 15		Sam Davis
16 - 19		
20 - 29		Carl Rofe
30 - 39	Tara Manning	Jason Crowe
40 - 49	Kath Golding	Tom Clippingdale
50 - 59	Ruth Ramsey	Chas Davis
60+		Allan Rofe